Midway Elementary Guidance Lessons 2022-2023

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **PK-**30 min | **K-**30 min | **1st-**30 min | **2nd-**30 min | **3rd-**40 min | **4th-**40 min | **5th-**45 min |
| **Sept** | * What is a school counselor?
* Self-regulation intro
* SR- Body 1
 | * What is a school counselor?
* SS 1
* SS2
* SS3
 | * Intro/activity
* SS 1
* SS 2
* SS 3
* SS4
 | * Intro/activity
* Mindset 2
* Self-regulation intro
* SS 1
 | * Intro/activity
* SS 1
* SS 2
 | * Intro/activity
* Study Skills-TOES
* Self-Regulation Intro
 | * Intro/activity
* Study Skills Advanced
* Self-Regulation intro
 |
| **Oct**  | * Personal Space Camp
* CGG Feelings
* JBJ Feelings/folders
 | * SS4
* SS5
* My Body Belongs to Me
* SS6
* SS7
 | * Mindset intro
* SS 5
 | * SS 2
* SS 3
* SS 4
 | * SS 3
* SS 4
* SS 5
 | * Self reg Body 1
* Self reg body 2
 | * Self reg Body 1
* Self reg Body 2
 |
| **Nov** | * My Body Belongs to Me
* Sharing Stations
 | * SS8
* SS9
* SS10
* Mind Your Mindset
 | * SS 6
* SS 7
* SS 8
* Mindset-Where do they come from
* SS 9
 | * SS 5
* SS 6
* SS 7
* SS 8
 | * SS 6
* SS 8
* SS 9
 | * Problem Solving Stop Think DO
* Career Essentials
 | * SEL Mental Health Stigma
* Road to Your Future Starts Now
 |
| **Dec** | * My Mouth is a Volcano
* Hands are not for hitting
 | * SS11
* SS12
* SS13
 | * SS 10
* SS 11
 | * Into the Cloud
* Cont
 | * Into the Cloud S2
* cont
 | * Kidsmartz 1
* KS 2/3
 | * Brick lesson
* Cont
 |
| **Jan** | * Katie Kangaroo
* Cont
* Cont
 | * SS14
* SS15
* Self-Regulation Intro
* SS16
 | * SS 12
* Self-regulation intro
* SS 13
* SS 14
 | * SS 9
* SS 10
* SS 11
* SS 12
 | * SS 10
* SS 11
* SS 13
 | * KS 4/5
* KS 6
 | * Internet Safety
* Cont
 |
| **Feb** | * JBJ Friendship-sharing
* JBJ Behavior 1
 | * SS17
* SS18
 | * SS 15
* SS 16
* Self-regulation Body 1
* SS 17
 | * SS 13
* SS 14
* SS 15
 | * SS 15
* SS 16
 | * Career BINGO
* Brick lesson
 | * Discover Your Strengths
* SEL Anxiety
* Brick lesson
 |
| **Mar** | * Tattle Tongue
* Self-Regulation Body 2
 | * SS19
* SS20
* SS21
* Kidsmartz 1
 | * SS 18
* SS 19
* SS 21
* SS 22/Self-Regulation Body 2
 | * SS 16
* Brick lesson
* Cont
 | * Weird
* Dare
* Tough
 | * SEL Mental Health Stigma
* SEL Tackling anxiety
* Simon’s Hook
 | * MS Prep
* SEL –Opioid Abuse/prevention
 |
| **April** | * JBJ Behavior 2
* Soda Pop Head
 | * KS 2
* KS 3
* KS 4
 | * Kidsmartz 1
* KS 2
* KS 3
* KS 4
 | * SS 17
* SS 18
* SS 19
* SS 20
 | * SS 17
* SS 18
* SS 19
 | * Cont
* Classroom clash
 | * Deserted Island
* Cont
 |
| **May** | * Sharing Stations
* JBJ- CYO
 | * KS 5
* KS 6
* final
 | * KS 5
* KS 6
* Final
 | * SS 21
* SS 22
* final
 | * SS 20
* SS 21
* SS 22/final
 | * Brick lesson
* Final/kahoot
 | * Cont
* Final/kahoot
 |